

初小 B JPB

餐單 Lunch Menu

5月份
2025

星期日 SUN 星期一 MON 星期二 TUE 星期三 WED 星期四 THU 星期五 FRI 星期六 SAT



勞動節假期



佛誕假期



小學教育營

端午節假期

12 俄國燴雞柳螺絲粉
Fusilli w/Chicken Strip

19 滑豆腐蒸蛋
Steamed Egg w/Tofu

26 蜜豆百合炆雞柳
Stir-fried Chicken Strip
w/Sugar Snap Pea &
Fresh Lily Bulb

13 雲勝蒸雞柳
Steamed Chicken Strip
w/Black Fungus &
Yellow Melon

20 苦瓜炆牛肉
Stir-fried Beef w/Bitter
Gourd

27 西芹珍珠筍牛肉
Stir-fried Beef
w/Celery & Baby Corn

7 鮮茄雞球飯
Chicken Ball & Tomato
w/Rice

14 紅燒素獅子頭
Braised Vegetarian
Meatballs

21 低脂白汁香草魚柳
Fried Fish Fillet
w/Low-fat white sauce
& herbs

28 四季豆素粒雞腿菇
Braised Vegetarian Meat
w/Green Beans, King
Oyster Mushroom &
Oyster Sauce

8 意式海鮮汁長通粉
Penne Pasta w/Seafood
& Italian Sauce

15 韓式烤豬扒配車厘茄
意粉
Spaghetti Roast Pork
Chop w/ Baby Tomato
- Korean Style

22 素麻婆豆腐
Vegetarian Mapo Tofu

29 啫啫炆雞
Braised Chicken
w/Assorted Vegetable

2 茄子扒素肉
Stewed Eggplant &
Vegetarian Meat

9 威尼斯紅腰豆雞粒意
粉 Spaghetti Stewed
Chicken Dice w/ Red
Kidney Bean - Venice
Style

16 蜜糖黑醋豬柳粒
Stewed Diced Pork
w/Honey & Black
Vinegar

23 南瓜蒸豬柳
Steamed Pork Strip
w/Pumpkin